HEALTH VALUE DASHBOARD[™] 2024



Inside

Snapshot: Policy priorities to improve health value

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What is the Health Value Dashboard?

The Health Policy Institute of Ohio's Health Value Dashboard[™] is a data-rich tool to track Ohio's progress towards health value a composite measure of Ohio's performance on population health outcomes and healthcare spending.

The Dashboard relies upon the most-recent publicly available data from 69 distinct sources to provide a picture of Ohio's performance compared to other states .

In most cases (84% of metrics), the most-recent data presented in the domain profiles is from 2020 or later, meaning that it captured the pandemic or post-pandemic time period.

For more information

Visit the **2024 Health Value Dashboard web page** to access the following materials that provide additional detail about the Dashboard methodology and data:

- Process and methodology
- Frequently Asked Questions (FAQ)
- Ranked metric appendix with descriptions, years, sources and Ohio data
- Equity profile metric appendix with descriptions, years, sources and Ohio data

2024 HEALTH VALUE DASHBOARD Snapshc



Where does Ohio rank, and what can we do about it?

Ohio ranks 44th on health value (a combination of population health and healthcare spending metrics) out of 50 states and D.C. This means that Ohioans live less healthy lives and spend more on health care than people in most other states. This snapshot describes four policy priorities to improve health value, based on 2024 Dashboard findings.

Policy priorities to improve health value Mental well-being

Data shows that mental health challenges are common among Ohioans of all ages.



Adult depression

The rate of depression increased from 2011 to 2022, with a quarter of Ohio adults now reporting this condition. Additionally, in 2018 and 2019, one in every four Ohio adults who needed mental health treatment did not receive it.



Mental health challenges among high school students Source: Behavioral Risk Factor Surveillance System

Significant disparities in mental well-being exist among Ohio teens, especially for female students and students who are members of the LGBTQ+ community.



Ohio overall: 43%

- Improve access to telemental health services and reduce existing barriers for patients, such as gaps in insurance coverage and lack of broadband availability.
- Fund programs with evidence of mental health benefits, such as mental health first aid, cross-age youth peer mentoring and trauma-informed schools.
- Improve the behavioral health crisis system, including the 988 lifeline and mobile crisis response, ensuring that these services are adequately funded and available across the state.

2024 HEALTH VALUE DASHBOARD

Policy priorities to improve health value Tobacco and cannabis prevention

Use of tobacco products

Nicotine dependence and tobacco are leading drivers of poor health outcomes, such as cancer, heart disease and stroke, and contribute to higher healthcare spending.



In 2021, one in five Ohio high school students reported using an electronic vapor product at least once in the past 30 days. High rates of tobacco use continue for Ohioans into adulthood; Ohio ranks 46th on adult smoking.²

Source: Youth Risk Behavior Surveillance System

Cannabis use

Cannabis use among Ohio teens was relatively low in 2021, but with the recent legalization of recreational use for adults, policymakers will have to consider strategies to ensure that use does not increase among teens. Policymakers will need to weigh public health, public safety and equity considerations, and draw upon **lessons learned** from decades of tobacco control policy as they create recreational cannabis regulations.



Note: Data is not available for Alaska, California, Georgia, Minnesota, Oregon, Washington and Wyoming. Adult-use recreational cannabis was legal in Washington, Alaska, California and Oregon in 2021. Source: Youth Risk Behavior Surveillance System

- Establish state-level tobacco retailer licensing and fund robust public health enforcement of "Tobacco 21" age restrictions.
- Implement marketing restrictions on tobacco and cannabis products and prohibit product types that are attractive to children and adolescents (including flavors and products that look like candy).
- Ensure that Ohio's new cannabis regulatory framework **balances important policy goals** such as protecting youth health and promoting equity.

2024 HEALTH VALUE DASHBOARD

Policy priorities to improve health value Healthcare affordability

Though Ohio's uninsured rate has dropped significantly over the past decade and is lower than most other states, access to affordable care is still out of reach for many Ohioans.

16 Uninsured rate

Over the past decade, there have been major policy changes to improve access to care, including Ohio's expansion of Medicaid eligibility in 2014. Policymakers should monitor Ohio's uninsured rate as the state continues **unwinding** COVID-related policy changes to Medicaid eligibility.



Healthcare access and affordability

Many Ohioans are facing substantial out-of-pocket healthcare expenses, and Ohioans are more likely to seek care in emergency department (ED) settings than people in most other states, which can increase costs.

35 Total out-of-pocket spending

In 2021, nearly one in five Ohioans — over 2,159,000 people — lived in families with high out-of-pocket healthcare spending, paying more than 10% of their annual household income for health care.



Source: State Health Access Data Assistance Center analysis of Current Population Survey Annual Social and Economic Supplement microdata

Potentially avoidable emergency department

visits for employer-insured enrollees Receiving care in the ED is very costly, and some ED visits could be prevented if affordable care was accessible earlier in a lower-intensity setting.





143.2 potentially avoidable ED visits per 100,000 enrollees in 2021

Source: Merative MarketScan, as compiled by The Commonwealth Fund

- Establish a healthcare cost study commission to examine the key contributors to high healthcare spending, as well as ways to lower costs for consumers and employers, such as those created in Indiana and other states.
- Ensure timely access to primary care, mental health, substance use disorder and dental services by strengthening **provider network accuracy and adequacy** and increasing provider workforce capacity.
- Monitor the results of the new federal All-Payer Health Equity Approaches and Development (AHEAD) model, through which the federal government will collaborate with selected states to improve health, advance health equity and reduce healthcare cost growth.

2024 HEALTH VALUE DASHBOARD

Policy priorities to improve health value Creating opportunities to thrive

Not all communities in Ohio have access to the resources, experiences and environments needed to thrive. Many Ohioans, including Ohioans of color, Ohioans with disabilities, Ohioans with low incomes, Ohioans with less education, Ohioans living in rural and Appalachian areas, and LGBTQ+ Ohioans, continue to face barriers to health where they live, work and play.

41 Outdoor air quality

Discriminatory policies and practices have shaped where Ohioans of color live and whether they have access to safe neighborhoods free from harmful conditions, such as air pollution. Historical practices like **redlining** resulted in disinvestment, concentrated poverty and depleted property values in neighborhoods where Ohioans of color lived. Those areas then became vulnerable to highway and industry development, resulting in exposure to greater levels of air pollution that continue today.³



Ohioans of color were more likely to experience exposure to air pollutants (based on a national scale of 1 to 100) than white Ohioans in 2020.

Source: U.S. Environmental Protection Agency data compiled by the National Equity Atlas

Food insecurity among children

Factors like discrimination and poverty can cause barriers to opportunity, such as an inability to access healthy foods, stable housing and meaningful employment, for groups of Ohioans.

Children with disabilities, from families with low incomes and from families with low educational attainment were more likely to be food insecure than Ohioans overall in 2019-2022.



- Increase the presence and accessibility of green spaces and parks that provide environmental and health benefits to communities, prioritizing areas that have historically lacked access to green spaces.
- Increase food access for Ohioans most at-risk of food insecurity through initiatives such as the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Senior Farmers' Market Nutrition Programs.
- Use health equity impact assessments to identify the potential health impacts of proposed policies, programs and services on systematically disadvantaged groups.

2024 Health Value Dashboard POPULATION HEALTH

Ohio rank **43**

Half of the health value equation

Ohio's population health ranking in previous Dashboard editions: 40 43 43 43 43 2017 2019 2021 2023

Ohio's rank	Metric	Most recent data	Trend*
45	Health behaviors		
34	Excessive drinking. Percent of adults that report either binge drinking, defined as consuming more than four (women) or five (men) alcoholic beverages on a single occasion in the past 30 days, or heavy drinking, defined as having seven or more (women) or 14 or more (men) drinks per week (2021). Rank out of 50.	18.2%	No change
36	Physical inactivity. Percent of adults, ages 18 and older, reporting no leisure time physical activity during the past 30 days (2022). Rank out of 51.	25.1%	No change
33	Youth e-cigarette use. Percent of youth, grades 9-12, who used electronic vapor products on at least one day in the past 30 days (2021). Rank out of 43.	20%	Greatly improved
46	Adult smoking. Percent of adults, ages 18 and older, who currently smoke (2022). Rank out of 51.	17.1%	Moderately improved
43	Conditions and diseases		
20	Suicide deaths. Number of deaths due to suicide, per 100,000 population (age adjusted) (2020). Rank out of 51.	13.8	No change
39	Poor oral health. Percent of adults, ages 18-64, who have lost six or more teeth because of tooth decay, infection or gum disease (2020). Rank out of 51.	10.8%	Moderately improved
41	Adult depression. Percent of adults who have ever been told by a health professional that they have depression (2022). Rank out of 51.	25%	Moderately worsened
41	Adult diabetes. Percent of adults who have ever been told by a health professional that they have diabetes (2022). Rank out of 51.	13.1%	No change
41	Heart disease mortality. Number of deaths due to heart diseases, per 100,000 population (age adjusted) (2020). Rank out of 51.	196.9	No change
42	COVID-19 mortality. Number of deaths from COVID-19 per 100,000 population (age- adjusted) from January 1, 2020 to November 4, 2023. Rank out of 51.	337.3	N/A
47	Drug overdose deaths. Number of deaths due to drug overdose, per 100,000 population (age adjusted) (2020). Rank out of 51.	47.2	Moderately worsened
43	Overall health and well-being		
38	Overall health status. Percent of adults who report excellent, very good or good health (2022). Rank out of 51.	81.3%	Moderately worsened
38	Premature death. Average number of years of potential life lost before age 75, per 100,000 population (2020). Rank out of 51.	9,187	Moderately worsened
39	Life expectancy at birth. Life expectancy at birth based on current mortality data and population estimates (2020). Rank out of 50.	75.3	Moderately worsened
42	Infant mortality. Number of infant deaths, per 1,000 live births (within one year) (2021). Rank out of 49.	7.1	No change
47	Limited activity due to health problems. Average number of days in the previous 30 days when a person reports limited activity due to physical or mental health difficulties, ages 18 and older (2022). Rank out of 51.	2.2	Greatly worsened

Top quartile	Second quartile	Third quartile	Bottom quartile		
Of the 50 states and D.C.					
N/A Data not available for trend					

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

2024 Health Value Dashboard HEALTHCARE SPENDING

Ohio's healthcare spending ranking in previous Dashboard editions: 40 31 28 37 40

Ohio's rank	Metric			Most recent data	Trend*
35	Out-of-pock	ket spending			
31	spending, such as co		pending, per enrollee. Out-of-pocket eductibles, per enrollee under age 65, 2021). Rank out of 50.	\$923.44	No change
35			ho are in families where out-of- accounts for more than 10 percent	18.6%	No change
35	Healthcare	service area spend	ling		
19		a shared room in a nursing home	e cost for an individual to pay the full, (i.e., without insurance contribution)	\$240	No change
31	on pharmacy claims	health insurance prescription dru for prescription drugs and device nsored health insurance plans (20		\$1,395.02	Moderately increased
38		health insurance outpatient spen per enrollee under age 65, in majo 1). Rank out of 50.		\$2,305.11	No change
39		penses per inpatient day. Adjuster (2021). Rank out of 51.	d expenses per inpatient day for	\$3,162	No change
37	Private heal	th insurance spend	ing		
27			nce premiums. Employee nce premiums as a percent of state	6.8%	Moderately increased
35	Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.				Moderately increased
36	federal Affordable C		onthly premium for enrollees in the place or state-based exchanges t (2023). Rank out of 51.	\$196	Moderately decreased
24	Medicare sp	pending			
15		ber Medicare beneficiary without obeneficiary without chronic con	chronic conditions. Average total additions (2022). Rank out of 51.	\$3,936	No change
18		ber Medicare beneficiary with one beneficiary with one chronic co	e chronic condition. Average total ondition (2022). Rank out of 51.	\$5,269	No change
19		per Medicare beneficiary with two beneficiary with two chronic co	chronic conditions. Average total nditions (2022). Rank out of 51.	\$5,988	Moderately decreased
37			e or more chronic conditions. hree or more chronic conditions	\$13,124	Moderately decreased
42		nding, per beneficiary. Total Me ary (Parts A and B), ages 65-99 (2		\$11,665.92	Moderately increased
	Top quartile	Second quartile	Third quartile	Bottom que	artile
		Of the 50 stat	res and D.C.		

Ohio rank

34

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

ACCESS TO CARE

Ohio rank **18**

Ohio's access to care ranking in previous Dashboard editions: 2014 2017 18 7 202020 2023

Obiolo				Most	
Ohio's rank	Metric			recent data	Trend*
23	Coverage an	d affordability			
16		Percent of population ages 64 and under who are uninsure	d	7.1%	No change
22	Unable to see doctor d cost in the past year (20	ue to cost. Percent of adults who went without care because D22). Rank out of 51.	e of	9.8%	No change
30		ealth insurance coverage. Percent of all workers who work a ealth insurance to its employees (2022). Rank out of 51.	ta	84.6%	Moderately worsened
7	Primary care	access			
4		ent of adults, ages 65 and older, with self-reported fair or poo ine checkup in the past 12 months (2021). Rank out of 50.	or	95.6%	No change
15		of care. Percent of adults, ages 18 and older, who do not ey think of as their personal healthcare provider (2022). F		14.6%	Greatly improved
20	nurse, have a usual sou	n. Percent of children, ages 0-17, who have a personal doctor rce for sick care, receive family-centered care, have no pro Is and receive effective care coordination when needed (20	blems	50.1%	Moderately worsened
9	Behavioral he	ealth			
11	who received treatme	h treatment in past year, children. Percent of children, age: ent or counseling from a mental health professional wher ast 12 months (2020-2021). Rank out of 51.		84.5%	Moderately improved
12	Medication for Opioid Use Disorder. Percent of outpatient substance use treatment facilities that offer methadone/buprenorphine maintenance or naltrexone treatment (2020). Rank out of 51.			56%	Moderately improved
23	any mental illness who l	health treatment, adults. Percent of adults, ages 18 and olde had a need for mental health treatment or counseling and a ar (2018-2019). Rank out of 51.		25%	Greatly worsened
48	Oral health				
30		adults. Percent of adults, ages 18 and older, who have visited dental specialist within the past year (2022). Rank out of 51.	ed a	64.4%	No change
50	or other oral health care	children. Percent of children, ages 1-17, who have seen a de e provider for preventive dental care, such as check-ups, den nts or fluoride treatments in the past year (2020-2021). Rank ou	tal	69.6%	Greatly worsened
29	Workforce				
20		ealth. Percent of need not met by current supply of ment designated mental health care professional shortage a Rank out of 50.		69.1%	Moderately worsened
26		are physicians. Percent of need not met by current supplets in designated primary care health professional shortage 2023). Rank out of 51.		52.1%	Moderately worsened
38		Percent of need not met by current supply of dentists in designers in the signer solution of the second shortage areas (September 30, 2023). Rank out of 5		72.6%	No change
	Top quartile	Second quartile Third quartile Of the 50 states and D.C.		Bottom qu	artile

Of the 50 states and D.C.

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

2024 Health Value Dashboard HEALTHCARE SYSTEM

Ohio's healthcare system ranking in 39 37 36 38 30

Dhio rank

	previous Dashbo	ard editions: 2014 20	017 2019 202	21 2023				
Ohio's rank	Metric							Trend*
27	Preventive se	rvices						
16	Breastfeeding and infar and Care (mPINC) scor birthing facilities (2022).	re of breastfeeding an					84	Greatly improved
26	Prenatal care. Percent received prenatal care				ast 12 months and	who	77.1%	No change
28	Female breast cancer of an early stage (2015-20		Percent of fe	emale breast c	ancer cases diag	nosed at	72%	Greatly improved
43	Colon and rectal cancer at an early stage (2015		is. Percent of	f colon and re	ctal cancer cases	diagnosed	34.4%	Greatly worsened
NR	Behavioral he	ealth						
NR	Substance use disorder with an intake assessme outpatient clinical servi	ent who received one	outpatient s	ervice within c			48.7%	N/A
49	Hospital utiliza	ation						
31	Diabetes with long-term with long-term complic 100,000 beneficiaries (2	ations for Medicare fe					221	No change
39	Heart failure admissions of heart failure for Medi beneficiaries (2022). Ra	icare fee-for-service Po					1,250	No change
45	Potentially avoidable emergency department visits for employer-insured enrollees. Number of potentially avoidable emergency department visits for people, ages 18-64, with employer-sponsored insurance, per 1,000 enrollees (2021). Rank out of 49.					143.2	Greatly improved	
47	30-day hospital readmi ages 18-64, with emplo cause, per 1,000 enrolle	yer-sponsored insurance	ce within 30 (3.3	No change
24	Timeliness, effectiveness and quality of care							
17	Back pain recommended treatment. Percent of outpatients with low back pain who had an MRI without trying recommended treatments first, such as physical therapy (FY 2022). Rank out of 51.						35.3%	No change
18	Hospitals with better-the overall patient experier						52%	No change
20	Nursing home pressure ulcers. Percent of long-stay, high-risk nursing home residents with pressure ulcers (Q1-Q4 2022). Rank out of 51.				7.4%	No change		
28	Central line-associated bloodstream infections. Standardized infection ratio for central line- associated bloodstream infections in acute care hospitals (2021). Rank out of 51.					0.9	Moderately worsened	
37	Mortality amenable to healthcare. Number of deaths before age 75 that resulted from causes considered at least partially treatable or preventable with timely and appropriate medical care, per 100,000 population (2019-2020). Rank out of 51.					96.3	No change	
34	Healthcare sy	/stem structu	re					
11	Large group insurance how evenly market sha Rank out of 51.						2,811	No change
32	Private insurance reimb insurers pay for hospital				f how much more	private	2.68	Moderately worsened
35	Hospital beds, per capi	ta. Number of hospital	beds, per 1,	.000 populatio	n (2021). Rank out	of 51.	2.8	No change
44	Primary care physician primary care physicians				icians to the numb	per of	1.185	No change
	Top quartile	Second quart	ile	Third	d quartile	В	ottom quart	lile
			Of the 50 sto	ates and D.C.				-

NR Not ranked N/A Data not available for trend

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 *Health Value Dashboard web page*.

2024 Health Value Dashboard HEALTH AND PREVENTION Ρ B

Ohio's **public health and prevention** 51 50 47 32 37 ranking in previous Dashboard editions: 2014 2017 2019 2021 2023

Dhio's rank	Metric			Most recent data	Trend*
7	Public health	system and workforce		1	1
2	Accreditation of local h	ealth departments. Percent of local health departments of		77.5%	Greatly improved
34	State public health fund (2021). Rank out of 46.	ing, per capita. State public health funding during t	he fiscal year, per capita	\$24	No chang
48		force. Number of state public health agency full-tir population (2019). Rank out of 51.	ne equivalent (FTE)	8.9	No chang
NR	Local public health worl population (2019).	force. Median number of local health departmen	FTE employees, per 100,000	42.96	N/A
NR	Local public health dep capita (FY 2020).	artment spending, per capita. Median annual loca	l health expenditures, per	\$39.60	N/A
36	Communicable of	disease control and environmental h	ealth		
25	Chlamydia. Number of	reported cases of chlamydia, per 100,000 population	on (2021). Rank out of 50.	479.8	Moderate improved
26	Child immunization. Pero (2021). Rank out of 51.	cent of children, ages 19-35 months, who received	recommended vaccines	72%	Moderate improved
35		Percent of the total population that has received As of October 23, 2023). Rank out of 51.	the primary series of the	60.7%	N/A
41	Health domain of the N maintain the security an	upational health. Composite score of the Environme ational Health Security Preparedness Index, which r d safety of water and food supplies, to test for haze protect workers and emergency responders from	neasures actions to ards and contaminants in	6.3	Moderate improved
31	Health promo	otion and prevention			
10		ercent of high school students who used marijuana	in the past 30 days (2021).	13.3%	Moderate improved
20	Motor vehicle crash dec 100,000 population (202	aths. Number of deaths due to traffic accidents invo 1). Rank out of 51.	olving a motor vehicle, per	12.8	No chang
22	Falls among older adults months (2020). Rank out	s. Percent of adults ages 65 and older who reported of 51.	d falling in the past 12	28%	No chang
29	Cigarette tax. State exc	se tax per pack of cigarettes (as of March 31, 2023	. Rank out of 51.	\$1.60	No chang
30	Low birth weight. Percer (2022). Rank out of 51.	nt of live births where the infant weighed less than 2,	500 grams (5.5 pounds)	8.7%	No chang
32	Teen birth. Number of bir	ths to females, ages 15-19, per 1,000 females, ages 1	5-19 (2022). Rank out of 51.	15.4	No chang
34	Tobacco prevention spe recommended level of of 51.	ending. Percent of the Centers for Disease Control of funding for tobacco prevention and control spend	and Prevention- ing (FY 2023). Rank out	13.1%	No chang
43	Seat belt use. Percent o	f front seat occupants observed using a seat belt (2	2021). Rank out of 51.	84.1%	No chang
NR	Overdose reversals. Nur	nber of known overdose reversals using naloxone (:	2022).	18,244	N/A
51	Emergency p	reparedness and surveillanc	е		
29	.	full-time equivalent epidemiologist in state public h		0.82	No chang
44		ess funding, per capita. State public health agency ive agreement funding, per capita (FY 2022). Rank		\$1.55	No chang
51	National Health Security	nce. Composite score of the Health Security Surveill Preparedness Index, which measures actions to m where hazards start and spread so that they can be	onitor and detect health	6.8	No chang
	Top quartile	Second quartile Third	quartile	Bottom que	

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 *Health Value Dashboard* web page.

Data sources are available in data appendices posted on the 2024 Health Value 11 Dashboard web page.

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2024 Health Value Dashboard SOCIAL AND ECONOMIC ENVIRONMENT

Ohio's social and economic environment 29 ranking in previous Dashboard editions: 2014 **29 32 34 31 2017 2019 2021 2023** Most Ohio's recent Metric rank data Trend* Education 30 Fourth-grade reading. Percent of fourth grade public school students proficient in Moderately 8 reading by a national assessment (National Assessment of Educational Progress) 35% worsened (2022). Rank out of 51. Preschool enrollment. Percent of 3- and 4-year-olds enrolled in preschool (2017-2021). 26 43% No change Rank out of 51. High school graduation. Percent of incoming ninth graders who graduate in four Moderately 28 years from a public high school with a regular degree (2019-2020 school year). Rank 84.4% improved out of 49. Some college. Percent of adults, ages 25-44, with some post-secondary education, such as enrollment in vocational/technical schools, junior colleges or four-year 65.8% No change colleges, including individuals who pursued education following high school but did not receive a degree (2017-2021). Rank out of 51. 37 Employment and poverty Income inequality. Ratio of median household income at the 80th percentile to that 29 4.6 No change at the 20th percentile (2017-2021). Rank out of 51. Labor force participation. Percent of people, ages 16 and older, who are in the labor 32 61.5% No change force (2022). Rank out of 51. Unemployment. Percent of people, ages 16 and older, who are jobless, looking for a Greatly 38 4% job and available for work (2022). Rank out of 51. improved Adult poverty. Percent of people, ages 18 and older, in households with incomes 39 12.2% No change below the federal poverty level in the past 12 months (2022). Rank out of 51. Child poverty. Percent of people under age 18, in households with incomes below 39 17.7% No change the federal poverty level in the past 12 months (2022). Rank out of 51. 37 Family and social support Disconnected youth. Percent of youth, ages 16-24, who are not working or in school 28 10.8% No change (2022). Rank out of 50. Children in single-parent households. Percent of children, ages 0-17, who live in a Greatly 38 26.8% household headed by a single parent (2017-2021). Rank out of 51. improved Incarceration. Number of people sentenced and imprisoned under the jurisdiction of 39 382 No change state or federal correctional authorities, per 100,000 population (2021). Rank out of 50. 20 Trauma, toxic stress and violence Violent crime. Number of violent crimes (murder, rape, robbery and aggravated 18 309 No change assault), per 100,000 population (2021). Rank out of 51. Adverse childhood experiences. Percent of children who have experienced two or 24 23.6% No change more adverse experiences (2022). Rank out of 51. Child abuse and neglect. Number of reported and substantiated child maltreatment 28 9.9 No change victims, per 1,000 children (FY 2019). Rank out of 51. 13 Civic engagement Voter registration. Percent of citizens of voting age who reported being registered to Greatly 11 77% vote in presidential election years (2020). Rank out of 51. improved Voting rates. Percent of citizens of voting age who reported voting in presidential Greatly 16 70.1% election years (2020). Rank out of 51. improved Second quartile Bottom quartile Top quartile Of the 50 states and D.C.

Ut the 50 states a

NR Not ranked N/A Data not available for trend

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the **2024** *Health Value Dashboard* web page.

2024 Health Value Dashboard

PHYSICAL ENVIRONMENT

Ohio rank

Ohio's **physical environment** ranking in previous Dashboard editions: 2014 2017 2019 2021 2023

Ohio's rank	Metric	Most recent data	Trend*
49	Air, water and toxic substances		
41	Outdoor air pollution. Average exposure of the general public to particulate matter of 2.5 microns or less in size (PM2.5), measured in micrograms per cubic meter (2019-2021). Rank out of 51.	8.7	Moderately improved
47	Child in a household with a person who smokes . Percent of children, ages 0-17, who live in households where someone smokes (cigarettes, cigars or pipe tobacco) (2020-2021). Rank out of 51.	20.6%	Moderately improved
48	Toxic pollutants (Risk-Screening Environmental Indicators score) . Unitless value that accounts for the size of the chemical release, the fate and transport of chemicals through the environment, the size and location of the exposed population and the chemical's toxicity (2021). Rank out of 51.	21,554,865	N/A
NR	Lead poisoning . Percent of children, ages 0-5, who received a blood lead test and had elevated blood lead levels (BLL > 5 ug/dL) (2022).	1.9%	N/A
34	Food access and food insecurity		
29	Healthy food access . Percent of population with limited access to healthy food, defined as the percent of low-income individuals (<200% federal poverty guideline) living more than 10 miles from a grocery store in rural areas and more than one mile in non-rural areas (2019). Rank out of 51.	6.9%	No change
40	Food insecurity. Percent of inhabitants who are food insecure (2021). Rank out of 51.	11.8%	Moderately improved
18	Housing, built environment and access to physica	l activit	у
12	Severe housing problems. Composite measure of the percent of households that have one or more of the following problems: 1) housing unit lacks complete kitchen facilities, 2) housing unit lacks complete plumbing facilities, 3) household is severely overcrowded, 4) monthly housing costs, including utilities, exceed 50 percent of monthly income (2016- 2020). Rank out of 51.	12.8%	No change
17	Long commute, driving alone. Percent of commuters, among those who commute to work by car, truck, or van, alone, who drive 30 minutes or longer to work each day (2022). Rank out of 51.	30.2%	No change
17	Neighborhood resources . Composite measure of the percent of children living in a neighborhood that contains each of the following amenities: sidewalks or walking paths; parks or playgrounds; recreation centers, community center, or boys' and girls' club; and libraries or bookmobiles (2020-2021). Rank out of 51.	37%	No change
22	Access to exercise opportunities. Percent of population who live reasonably close to locations for physical activity (2020 and 2022). Rank out of 51.	83.8%	No change
30	Alternative commute modes. Percent of trips to work via bicycle, walking or public transportation (combined) (2022). Rank out of 51.	3.2%	No change
	Neighborhood safety. Percent of children living in a safe neighborhood as reported by a		

Top quartile Second quartile Of

Of the 50 states and D.C.

Bottom quartile

-

NR Not ranked N/A Data not available for trend

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

EQUITY PROFILES BLACK OHIOANS

Racism is a primary driver of poor outcomes experienced by Black Ohioans.⁴ Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Black Ohioans often experience worse outcomes than white Ohioans** across measures of health, healthcare access and the social, economic and physical environment.

Examples of policies and systems that contribute to gaps in outcomes include discrimination and unfair treatment in employment and lending, disinvestment in public transportation and public education, and the legacy of redlining and zoning policies. Increasing trust and engagement between policymakers and members of Black communities, increasing provider diversity and cultural humility skill development and providing equitable access to financing and employment opportunities can close gaps in outcomes for Black Ohioans.

This profile describes the magnitude of difference in outcomes between Black Ohioans and white Ohioans. Sources and additional data are available in the equity appendix posted on the <i>Health Value Dashboard web page</i> .	Times worse for Black Ohioans	If disparities were eliminated
Experiences of racism		
Treated worse in healthcare due to race	13.7	189,344 fewer Black
Unfair treatment due to race, children	9.4	Ohioans would
Treated worse at work due to race	8.5	experience racism when seeking
Physical symptoms as a result of experiences of racism	7.9	healthcare
Physical environment		
Food insecurity, children	3.5	
Zero-vehicle households	3.3	
Severe housing cost burden	2.2	
Air pollution	1.4	
Social and economic environment		1/070
Incarceration	<u>6</u>	16,973 fewer Black
Child poverty	3	Ohioans would be
Unemployment	2.5	incarcerated
High school graduation	2.4	
Chronic absenteeism	2.1	
Disconnected youth	2	
Access and healthcare system		
Unable to see doctor due to cost	1.7	
Uninsured, adults	1.5	
Prenatal care	1.4	
Health		60,004
Infant mortality	2.7	fewer years of life
Premature death		would be lost by Black Ohioans
Heart disease mortality	1.4	

2024 Health Value Dashboard EQUITY PROFILES HISPANIC/LATINO OHIOANS

Racism is a primary driver of poor outcomes experienced by Hispanic/Latino Ohioans.⁵ Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Hispanic/Latino Ohioans often experience worse outcomes than white, non-Hispanic Ohioans** across measures of healthcare access and the social, economic and physical environment.

Examples of policies and systems that contribute to gaps in outcomes include discrimination and unfair treatment within the healthcare system and limited access to health insurance and translation and interpretation services to assist with accessing and navigating care. Increasing translation and interpretation services, provider diversity and cultural humility skill development can close gaps in outcomes for Hispanic/Latino Ohioans.

This profile describes the magnitude of difference in outcomes between Hispanic/Latino Ohioans and white, non-Hispanic Ohioans. Sources and additional data are available in the equity appendix posted on the Health Value Dashboard web page .	Times worse for Hispanic Ohioans	If disparities were eliminated
Experiences of racism		
Unfair treatment due to race, children	8.5	19,486 fewer Hispanic
Physical symptoms as a result of experiences of racism	4.6	Ohioans would
Physical environment		experience physical
Food insecurity, children	3.2	symptoms due to
Severe housing cost burden	1.6	experiences of racism
Zero-vehicle households	1.5	
Air pollution	1.1	
Broadband internet access	1.1	
Social and economic environment		
High school graduation	2.3	
Child poverty	2.1	9,473
Unemployment		fewer Hispanic
Chronic absenteeism	17	Ohioans would be unemployed
Disconnected youth	1.4	
Fourth-grade reading	1.4	
Adverse childhood experiences	1.1	
Access and healthcare system		
Uninsured, adults	2.7	37,695
Unable to see doctor due to cost	2.5	fewer Hispanic
Prenatal care	1.4	Ohioans would be unable to see
Flu vaccinations	1.1	a doctor due to
Health		cost
Adult depression	1.3	

2024 Health Value Dashboard EQUITY PROFILES ASIAN OHIOANS

Racism is a primary driver of poor outcomes experienced by Asian Ohioans.⁶ Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Asian Ohioans experience worse outcomes than white Ohioans** across measures of healthcare access and the physical and social environment.⁷

Examples of policies and systems that contribute to gaps in outcomes include gentrification of historically Asian neighborhoods, which impacts housing affordability, and limited access to translation and interpretation services to assist with accessing and navigating care. Providing comprehensive language supports, increasing housing and community supports and increasing health insurance access can improve outcomes for Asian Ohioans.



Better data needed for Asian Ohioans

Asian Ohioans represent a diverse group of ethnicities from a large geographic area with different cultural heritage. Collecting and grouping these diverse communities together can mask disparities and the underlying challenges experienced by specific groups. For example, while Asian Americans, as a group, may perform well on certain indicators, existing data on groups from Southeast Asia and Bhutanese and Nepali refugees suggest that these communities experience poorer outcomes.

Oversampling when collecting data can help ensure that data is representative, especially for groups with smaller population sizes, and allow for more meaningful disaggregation.

2024 Health Value Dashboard EQUITY PROFILES OHIOANS WITH DISABILITIES

Ableism is a primary driver of poor outcomes experienced by Ohioans with disabilities.⁸ Ableism is a system of discriminatory policies, practices and beliefs that value people without disabilities over people with disabilities. Consequently, **Ohioans with disabilities often experience worse outcomes than Ohioans without disabilities** across measures of health, healthcare access and the social, economic and physical environment.⁹

Examples of policies and systems that contribute to gaps in outcomes include inaccessible transportation, buildings and programs and employment discrimination. Improving enforcement of civil rights protections for people with disabilities and accessibility and accommodations in employment and healthcare settings can close gaps in outcomes for Ohioans with disabilities.



2024 Health Value Dashboard EQUITY PROFILES

OHIOANS WITH LOWER INCOMES AND/OR LESS EDUCATION

Ohioans with less than a high school education and/or lower incomes often experience worse outcomes across measures of health, healthcare access and the social, economic and physical environment than Ohioans with higher educational attainment and/or incomes.

A lack of opportunities to build wealth and the high cost of post-secondary education can prevent people with low incomes from furthering their education, contributing to reduced employment opportunities, high student debt and lower wages. Improving access to education and higher-wage jobs that pay a self-sufficient income can also increase access to resources that are critical for health, such as safe and quality housing, healthy foods and health care.



Sources and additional data are available in the equity appendix posted on the **Health Value Dashboard web page**.

2024 Health Value Dashboard EQUITY PROFILES LGBTQ+ OHIOANS

Homophobia and transphobia are primary drivers of poor outcomes experienced by LGBTQ+ Ohioans.¹⁰ Experiencing these forms of discrimination can cause toxic stress, leading to poor health outcomes over time. **LGBTQ+ Ohioans** often experience worse outcomes than heterosexual and/or cisgender Ohioans across measures of health and the social environment.

Policies and practices that limit access to necessary health care and a lack of protections for Ohioans based on sexual orientation and gender identity contribute to worse health outcomes for LGBTQ+ people compared to their heterosexual and/or cisgender peers.¹¹ By ensuring access to developmentally appropriate care, improving provider education and including sexual orientation and gender identity in anti-discrimination laws, Ohio can close gaps in health outcomes for LGBTQ+ Ohioans.

Lesbian, gay and bisexual Ohioans

This profile describes the magnitude of difference in outcomes between lesbian, gay and bisexual Ohioans and heterosexual Ohioans. Sources and additional data are available in the equity appendix posted on the **Health Value Dashboard web page**.

Times worse for lesbian, gay and bisexual Ohioans

2

1.7

4.8

4.3

2.6

1.8

1.6

1.2

Social and economic environment

Experiences with online bullying

Experiences with physical bullying

е		+	h	
e	u			

Youth considering suicide

Youth suicide attempt

Youth mental health

Youth all-tobacco use

Youth binge drinking

Adult smoking

Transgender Ohioans

This profile describes the magnitude of difference in outcomes between transgender Ohioans and cisgender Ohioans. Sources and additional data are available in the equity appendix posted on the **Health Value Dashboard web page**.

Times worse for transgender Ohioans

HealthAdult depression2.8Excessive drinking1.8Overall health status1.3

Note: Analysis of estimated impact could not be completed for this equity profile because population estimates of LGBTQ+ Ohioans are not available publicly. Intentionally sampling underrepresented groups, like LGBTQ+ people, can improve data quality and reporting.

2024 Health Value Dashboard EQUITY PROFILES

Other Ohioans who experience barriers to health

Other groups of Ohioans who often experience barriers to health, or systematic disadvantage, include:

Ohioans who are immigrants or refugees

Despite being more likely to have an advanced degree and participate in the labor force, Ohioans who were born outside of the United States were more likely to live in poverty than their U.S. born peers in 2022.¹²

Ohioans who live in rural or Appalachian areas

Heart disease death rates among working-age Ohioans were highest in rural and Appalachian counties in 2021-2022.¹³

Age-adjusted rate of heart disease deaths

per 100,000 population, for Ohioans ages 15-64, 2021-2022*







Heart disease death rates vary greatly by county, with the highest rates found in Appalachian (southern and eastern Ohio) and rural counties. Mercer County had the highest rate, at 272.5 per 100,000 population, which is 40% higher than the overall state rate (194.8).

*2021 and 2022 data is preliminary **Source:** Ohio Department of Health, Public Health Data Warehouse

Older Ohioans

There were 36,016 reports of abuse, neglect or exploitation of Ohioans, ages 60 and older, in state fiscal year 2022.¹⁴ This is likely an undercount because many cases are not reported.

Veterans

In 2020, the suicide rate for veterans in Ohio (30.9 per 100,000 veterans) was 1.8 times higher than the suicide rate for non-veteran Ohioans (17.4 per 100,000 non-veterans).¹⁵

Opportunities to improve data collection

Public and private entities can improve the quality and availability of publicly available data by:

- Consistently collecting disaggregated data on race/ethnicity, income, geography, disability status, sexual orientation/gender identity and other factors across data sources and years.
- Oversampling groups with smaller population sizes to ensure that they are represented in the data. This also increases the ability to measure the experiences of Ohioans who are part of more than one systematically disadvantaged group.
- Providing local data at the county, zip code and/or census tract levels, when possible.
- Providing training on how to collect demographic data to reduce non-response and missing data.

HPIO's **equity publications and resources** contain more information on data, resources and evidence-informed strategies to advance equity.

Impact of COVID-19 on health value

How does Ohio compare to other states on COVID-19 mortality?

Ohioans continue to die from COVID-19 at a higher rate than people in most other states, as shown below. Ohio's rank worsened considerably from 29 to 42 in this edition of the Dashboard.

Age-adjusted number of deaths from COVID-19 per 100,000 population (Jan. 1, 2020 to Nov. 4, 2023)





There are likely a variety of contributors to Ohio's high COVID-19 death rate. Some probable factors include higher rates of co-occurring health conditions, as well as Ohio's relatively high poverty rate¹⁶ and low COVID-19 vaccination rate.¹⁷

Top quartile Second quartile Third quartile Bottom quartile Of the 50 states and D.C.

Source: Centers for Disease Control and Prevention, COVID Data Tracker

How did COVID-19 and the pandemic response affect other outcomes?

The vast majority (84%) of the metrics in the 2024 *Health Value Dashboard* are based on data from 2020 or later, so the effects of the COVID-19 pandemic are becoming clearer.

Some COVID-related challenges in the social and economic domain were mitigated by federal policies. However, the impacts of the unwinding of policies, such as enhanced Supplemental Nutrition Assistance Program (SNAP) benefits and continuous Medicaid enrollment beginning in early 2023, are not yet known. Due to the lag in data availability, this edition of the *Dashboard* does not reflect these changes.

New research continues to emerge about the impact of COVID-19 school closures and remote learning on educational outcomes:

- Analysis of *Dashboard* metrics found that the percent of Ohio fourth-graders proficient in reading dropped from 39% in 2017 to 35% in 2022. However, Ohio's rank improved to 8th, meaning other states have seen even larger decreases.
- The rate of chronic absenteeism among economically disadvantaged students in Ohio increased from 26% in the 2018-2019 school year to 39% in the 2022-2023 school year. This was 2.7 times worse than students who were not economically disadvantaged in 2022-2023.

The Dashboard domains in which Ohio's performance worsened on the largest number of metrics were population health and access to care. However, there were also a number of metrics on which Ohio's performance unexpectedly improved across the course of the COVID-19 pandemic. Examples include adult smoking, youth e-cigarette and marijuana use, child immunizations and the percentage of adults with a usual source of health care.

Where Ohio is doing well Metrics in which Ohio ranks in the top quartile

Ohio rar	ık
2	Accreditation of local health departments* (out of 50)
4	Routine checkup (out of 50)
8	Fourth-grade reading (out of 51)
10	Youth marijuana use (out of 44)

Ohio_rank

11	Received mental health treatment in past year, children (out of 51)
11	Large group insurance market competition (out of 51)
11	Voter registration (out of 51)
12	Medication for Opioid Use Disorder (out of 51)

*Ohio is the only state that requires accreditation of local health departments

Where Ohio can improve Metrics in which Ohio ranks in the bottom quartile

Ohio rank

Physical environment		
48	Toxic pollutants (Risk-Screening Environmental Indicators score) (out of 51)	
47	Child in a household with a person who smokes (out of 51)	
41	Outdoor air pollution (out of 51)	
40	Food insecurity (out of 51)	
Access to care		
50	Preventive dental care, children (out of 51)	
Healthcare system		
45	Potentially avoidable emergency department visits for employer-insured enrollees (out of 49)	
44	Primary care physicians (out of 51)	
43	Colon and rectal cancer early-stage diagnosis (out of 51)	
39	Heart failure admissions for Medicare beneficiaries (out of 51)	
Public health and prevention		
51	Health security surveillance (out of 51)	
48	State public health workforce (out of 51)	
44	Emergency preparedness funding, per capita (out of 51)	
43	Seat belt use (out of 51)	
41	Environmental and occupational health (out of 51)	
Social and economic environment		
39	Child poverty (out of 51)	
39	Adult poverty (out of 51)	
39	Incarceration (out of 50)	

Ohio rank

Population health		
47	Drug overdose deaths (out of 51)	
47	Limited activity due to health problems (out of 51)	
46	Adult smoking (out of 51)	
42	COVID-19 mortality (out of 51)	
42	Infant mortality (out of 49)	
41	Adult depression (out of 51)	
41	Heart disease mortality (out of 51)	
41	Adult diabetes (out of 51)	
39	Poor oral health (out of 51)	
39	Premature death (out of 51)	
38	Life expectancy (out of 50)	
33	Youth e-cigarette use (out of 43)	
Healthcare spending		
42	Total Medicare spending, per beneficiary (out of 51)	
39	Hospital adjusted expenses per inpatient day (out of 51)	
38	Employer-sponsored health insurance outpatient spending, per enrollee (out of 50)	

Where other states rank



Top quartile

Of the 50 states and D.C.

Bottom quartile

12 policies that drive improvement



Where does Ohio rank, and what can we do about it?

Ohio ranks 44th on health value (a combination of population health and healthcare spending metrics) out of 50 states and D.C. This means that Ohioans live less healthy lives and spend more on health care than people in most other states. Below are four policy priorities to improve health value, based on 2024 Dashboard findings.

Mental well-being

- Improve access to **telemental health services** and reduce existing barriers for patients, such as gaps in insurance coverage and lack of broadband availability.
- Fund programs with evidence of mental health benefits, such as **mental health first aid**, **cross-age youth peer mentoring** and **trauma-informed schools**.
- Improve the behavioral health crisis system, including the **988 lifeline** and mobile crisis response, ensuring that these services are adequately funded and available across the state.

Tobacco and cannabis prevention

- Establish state-level tobacco retailer licensing and fund robust public health enforcement of "Tobacco 21" age restrictions.
- Implement marketing restrictions on tobacco and cannabis products and prohibit product types that are attractive to children and adolescents (including flavors and products that look like candy).
- Ensure that Ohio's new cannabis regulatory framework **balances important policy goals** such as protecting youth health and promoting equity.

Healthcare affordability

- Establish a healthcare cost study commission to examine the key contributors to high healthcare spending, as well as ways to lower costs for consumers and employers, such as those created in **Indiana** and **other states**.
- Ensure timely access to primary care, mental health, substance use disorder and dental services by strengthening **provider network accuracy and adequacy** and increasing provider workforce capacity.
- Monitor the results of the new federal All-Payer Health Equity Approaches and Development (AHEAD) model, through which the federal government will collaborate with selected states to improve health, advance health equity and reduce healthcare cost growth.

Creating opportunities to thrive

- Increase the presence and accessibility of green spaces and parks that provide environmental and health benefits to communities, prioritizing areas that have historically lacked access to green spaces.
- Increase food access for Ohioans most at-risk of food insecurity through initiatives such as the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Senior Farmers' Market Nutrition Programs.
- Use health equity impact assessments to identify the potential health impacts of proposed policies, programs and services on systematically disadvantaged groups.

Notes

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HPIO Dashboard advisory groups

The Health Value Dashboard Advisory Group (Dashboard AG) members contributed expertise to metric revisions, the selection of policy priorities and the layout and design of the Dashboard. A complete list of members is posted on the Dashboard AG web page.

HPIO's Equity Advisory Group (EAG) members informed development of the equity profiles. A complete list of EAG members is posted on the **EAG web page**.

Support for the Dashboard

HPIO thanks our core funders, who support the creation of the Health Value Dashboard and other HPIO policy research and analysis. HPIO's mission is to advance evidence-informed strategies that improve health, achieve equity and lead to sustainable healthcare spending in Ohio.





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The HPIO Health Value Dashboard is also funded in part by Health Action Council.



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